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When Pleasing You Is Killing

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When Pleasing You Is Killing Me by Les Carter

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When Pleasing You Is Killing Me | Dr. Les Carter

When Pleasing You Is Killing Me Setting Boundaries With the Controllers in your Life (Paperback) : Carter, Les : While people pleasers can be some of the nicest people you'll meet, they have an uncanny knack for finding themselves in relationships with controllers. Knowing how pleasers are motivated by duty and obligation, the controllers will persuade, cajole, argue, and convince, knowing ...

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When Pleasing You Is Killing Me by Les Carter (2018, Trade ...

When Pleasing You Is Killing Me by PhD Les Carter PhD, 9781543935127, available at Book Depository with free delivery worldwide.

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Here are just a few ways you might be unknowingly destroying your husband and killing your marriage (as a caveat, please understand that although this article is directed toward women, it applies to men as well): 1. Living outside of what you can afford.

5 ways you are unknowingly destroying your husband and ...

In the book, When Pleasing You Is Killing Me, Dr. Les Carter explains how the pleaser can become freed from futility by choosing to stay out of the controller's power games altogether. Drawing upon decades of counseling with a wide array of frustrated nice people, Dr. Carter gives sound direction to those seeking to reclaim their true selves.

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