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### Everyday Zen Love And Work

Successful living means functioning well in love and work, declared Sigmund Freud. Yet most Zen teaching derives from a monastic tradition that is far removed from the ordinary world of romantic and sexual love, family and home life, ordinary jobs and careers. Few Western students of Zen live apart in traditionally structured monastic communities.

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A Zen guide to the problems of daily living, love, relationships, work, fear and suffering. Combining

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